



Community Wellness Initiatives

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Kivalliq Trade Show
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Defining Wellness



Physical

Physical activity | Nutrition | Self-care

Emotional/Psychological

Positive Outlook | Self-awareness | Stress Management

Social

Relationships | Sense of Community | Connection to Nature

Intellectual

Creativity | Learning | Critical Thinking

Environmental

Work-life balance | Interaction with Nature | State

Occupational

Rewarding/meaningful Work | Expression of Self

Spiritual

Meaning of life | Value System | Harmony with the Self

Source: Foster, L.T. Boomer, J. & Keller, P. (2007) Defining Wellness In *British Columbia Atlas of Wellness 1st edition*. Victoria, BC: Western Geographical Press.

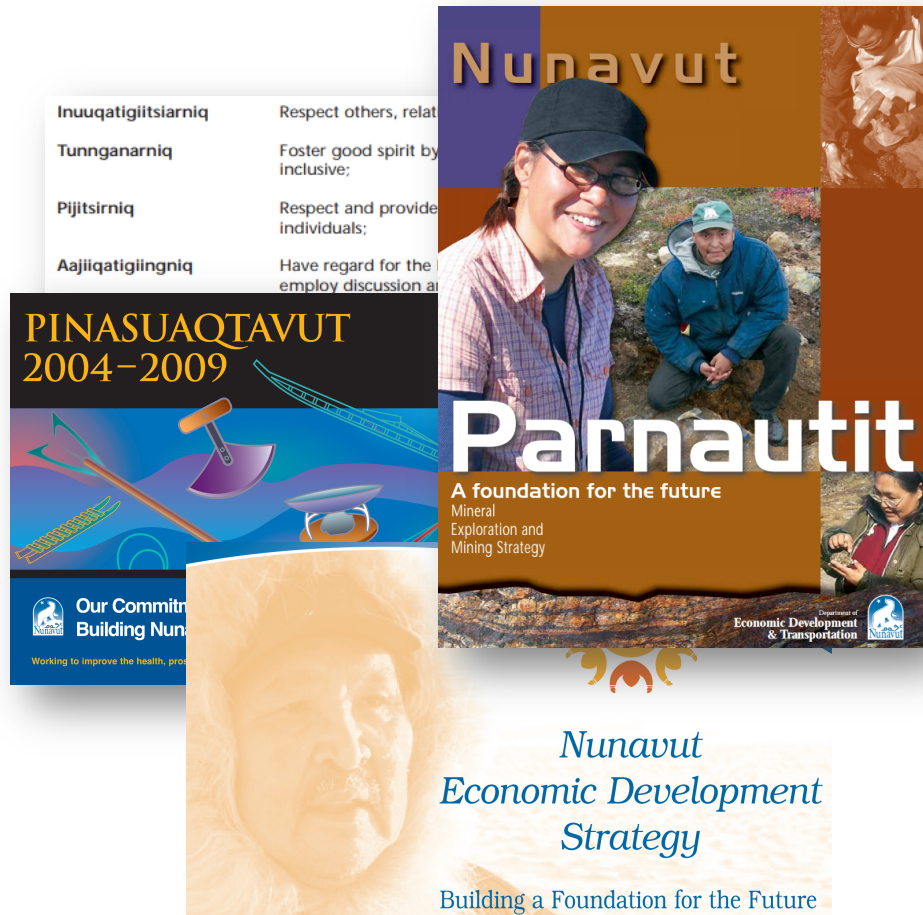
Defining Wellness – Baker Lake



Community wellness is central



- Mining and other resource development in Nunavut has to contribute to more than increased employment and profit.



“Co-operation and co-ordination - integrating economic development activities with community efforts in the areas of community wellness, community learning and community governance”

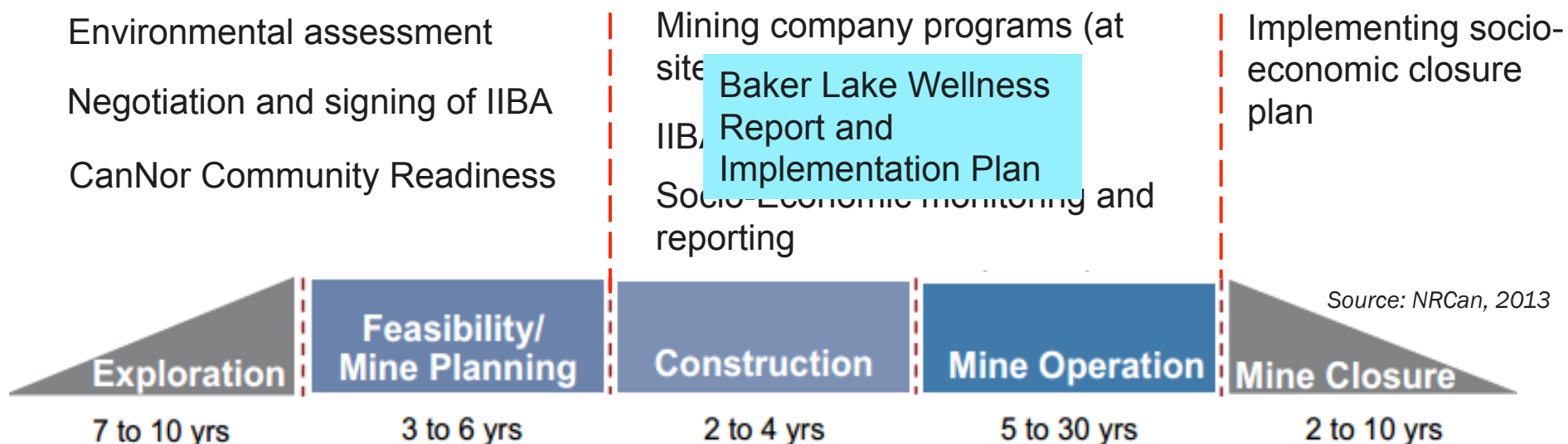
“Pillar 2 – We need to develop the strategies and initiatives that will build on our strengths and allow our people and communities to become full participants with a true sense of ownership in our minerals economy”

“Inuuqatigiittiarniq: Healthy Communities”

“Pijitsirniq: serving and providing for family and/or community”

Addressing community wellness in the mine lifecycle

Mining and resource development-related



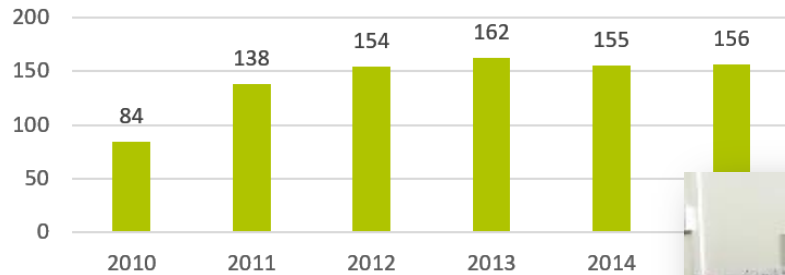
Ongoing GN and Hamlet-based plans, programs, and initiatives

- Health and wellness committee and community programs (Hamlet)
- Integrated Community Infrastructure Sustainability Plans (GN and Hamlets)
- Community Economic Development Plans
- Community Wellness Plans (GN Health and Hamlets)
- Departmental mandates: health, education, family services (GN)
- ...

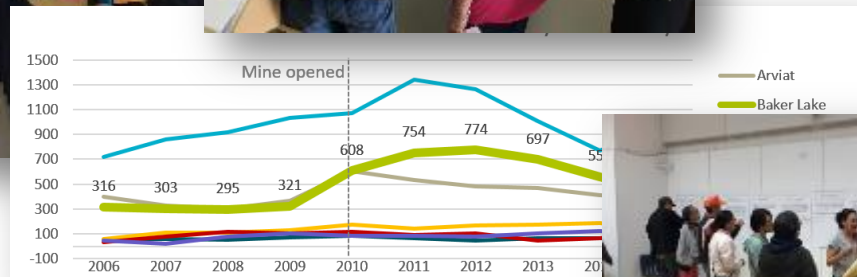
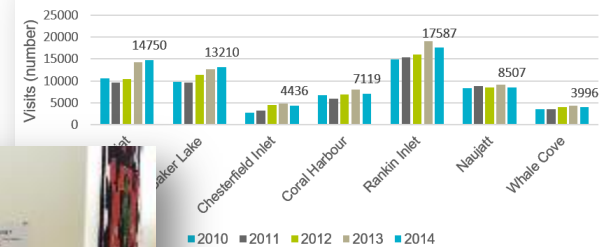
Baker Lake Wellness - Approach



Baker Lake Inuit Employment at Meadowbank



Community Health Centre Visits



Baker Lake Wellness - Priority Areas



Employment,
Income and
Financial
Management



Mental Health
and Addiction



Children, Youth
and Families



Inuit Culture
and Traditional
Practices



Planning and
Coordination
of Community
Wellness



For each of these priority areas, the report describes:

- The **ideal state** (i.e. goal statement)
- The **impacts** of the Meadowbank Mine
- Current **programs** and resources
- **Gaps** and **challenges**
- Potential **opportunities** for improvement

Baker Lake Wellness – Agnico focus in 2016



Employment,
Income and
Financial
Management



Mental Health
and Addiction



Children, Youth
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Practices



Planning and
Coordination
of Community
Wellness



Financial Literacy
Initiative



Supporting
coordination and
development of
Community Wellness
Plan

Financial Literacy Initiative



- Based on CPA Canada's *Community Connect Program* and tailored for delivery in the Kivalliq
- The program includes:
 - Banking basics and managing paycheques
 - Savings and retirement
 - Small business and entrepreneurial session
- Several sessions have been delivered:
 - At the mine for workers
 - For members of the community of Baker Lake
 - At the highschool in Baker Lake
- The program will also be delivered in other Kivalliq communities



Baker Lake Wellness - Learnings

- Basics (inclusive and respectful approach)
- Acknowledge impacts and diversity of experiences
- Build on what's in place (existing plans, programs, and funding sources)
- Develop a common understanding of challenges and solutions and who is best placed to identify and implement solutions
- Community capacity is key (Hamlet office - SAO, GN wellness coordinator, Agnico community coordinator)

Broader observations

Improving wellness is a long journey – requires continuity of economic opportunity

There is little data and coordination in government related to wellness and mining

More work could be done to support communities (that want it) early on in identifying capacities related to wellness and preparing for mining development

Every community is different

Working towards each others interests is the pinnacle of partnership and collaboration



Working on wellness together



communities

- Plan – define vision and needs and approach
- Shift from reacting to shaping project proposals and leveraging the benefits of mining



governments

- Whole of government approach
- Improving wellness data
- Understand changing context that comes with mining
- Regional approaches



industry

- Engage throughout mine life cycle
- Acknowledge impacts
- Understand community needs, plans, and priorities and align programs and community investment

Defining shared goals

Working towards each others interests

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Thank you

Questions?

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Who is involved in wellness?

